

# OUR OUT OF BOUNDS SYSTEM

BY COACH TED ANDERSON

HEAD GIRL'S BASKETBALL

ANDALE HIGH SCHOOL

ANDALE KANSAS

# CONTACT INFORMATION

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# MY BACKGROUND

1987 graduate of Basehor High School in Kansas (59 graduates)

1992 graduate of Pittsburg State (Kansas)

1993-2009 HEAD GIRL'S COACH: Valley Center Kansas 5A in 6 class state

2009-2015 9th GRADE BOYS COACH: Andale High School in Kansas 4A

2015-Present: HEAD GIRL'S COACH: Andale High School in Kansas 4A

MIDDLE SCHOOL READING and LANGUAGE ARTS: 1992-present

# BOY'S STATE TOURNEY 2013

ANDALE OTTAWA

Proud dad moment

# EVOLUTION OF OUR SYSTEM

When I played in high school we had 3-5 out of bounds plays with either one number or a name: Most coaches zoned, and I still run one of our plays from High School. Great for inbounder. We also had a play called **Hartman** that is similar to one we run now.

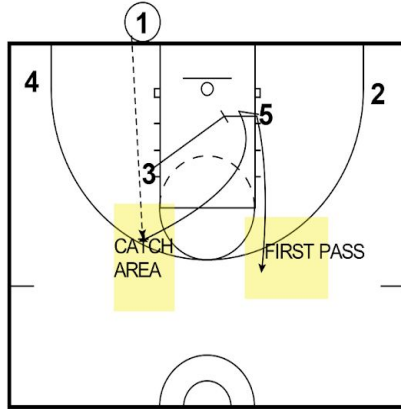
LON KRUGER:

- State Coaches clinic when he was head coach at Illinois
- DEFAULT RULES: Posts are you in call or not in call
- Two number system: Catch area and first pass to slot
- 43 (I will show) I never used the system but it was intriguing.

# 53 strong/35 weak

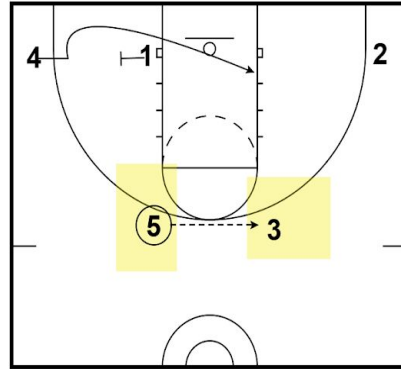
LON KRUEGER 53 STRONG (1 of 4)

20-21 - Ted Anderson playbook - BOB



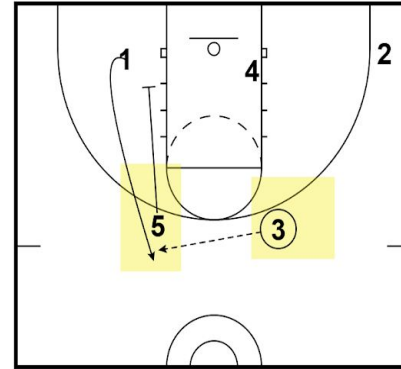
LON KRUEGER 53 STRONG (2 of 4)

20-21 - Ted Anderson playbook - BOB



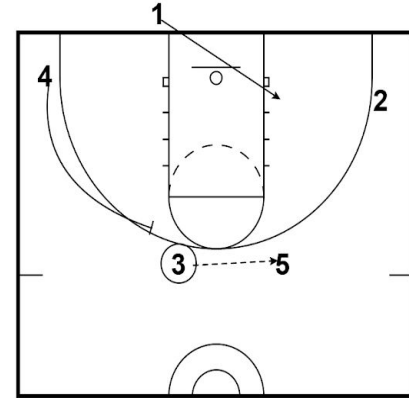
LON KRUEGER 53 STRONG (3 of 4)

20-21 - Ted Anderson playbook - BOB



LON KRUEGER 53 STRONG (4 of 4)

20-21 - Ted Anderson playbook - BOB



# ANDALE BOY'S BASKETBALL

- DEFAULT SET:
- Call a different set
- Two numbers: first is screener second it cutter
- Possibly a TAG
- Our boys get a ton of scores, but there plays are more complicated.
- EMAIL: [JEFF.BUCHANAN@USD267.COM](mailto:JEFF.BUCHANAN@USD267.COM) very good stuff

# FRAN FRASCHILLA

- Great out of bounds video
- He teaches HOW to run plays etc.
- A must watch to learn little things
- He also said showed a possible system.
- A great teacher
- He has many great videos and I believe his 3 best are his DRIBBLE DRIVE and PICK and ROLL Encyclopedias and his AAU skill development series



# EFFICIENTLY MULTIPLE

- The word SIMPLE is overused
- We want to be **flexible** enough to be able to add an out of bounds play without saying ok this is our 6th out of bounds play so let's call it 6.
- We devised our system based on what plays we liked etc.
- We also believe in trying to use same similar actions in our BOB/SOB/SETS
- We usually go into each game with 5-6 out of bounds plays
- We have other SETS that we save
- We have a special set when we need a basket or a 3

# ANDALE OUT OF BOUNDS SYSTEM

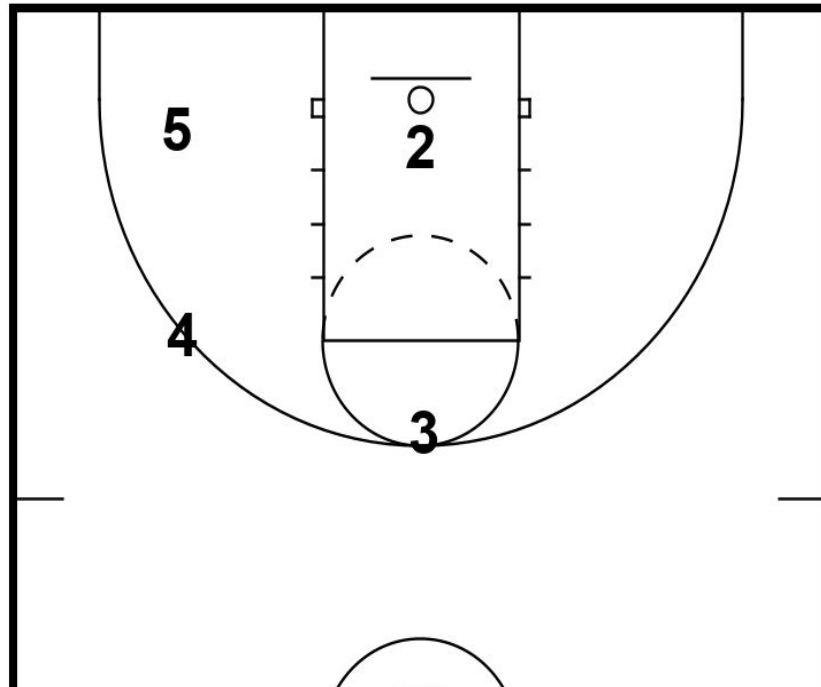
- **DEFAULT SET:** players line up in same # spot every time
- **ALL** plays have two numbers
- Two unlike #'s: first number is screener, second is cutter: We then screen the screener: 24/54 etc.
- Any like double digit # is a double screen for that player 33/22 etc.
- Any play starting with a ZERO the next number indicates what player goes to the corner and we pass them the ball.
- TAG before a number: ZONE/Big/Swap allows us to switch players for special plays (We have not used much): zone guard not in call is in sleeper spot
- TAG after a play indicates an actions: (H/O)

# OFF-SET BOX

## SETS

20-21 - Ted Anderson playbook - BOB

1

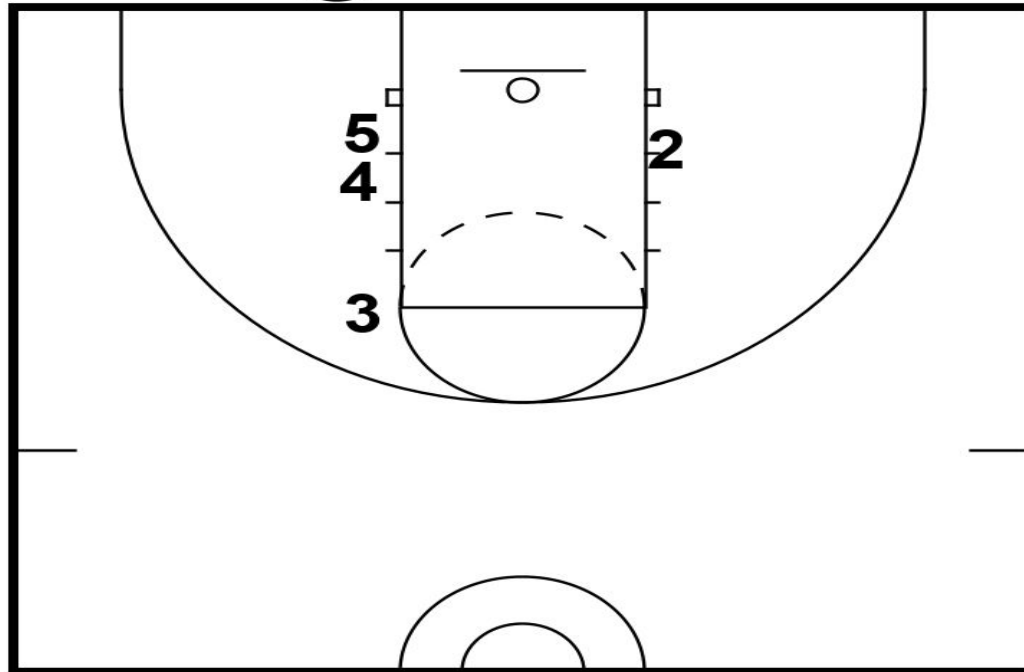


# LOW STACK

## SETS

20-21 - Ted Anderson playbook - BOB

①

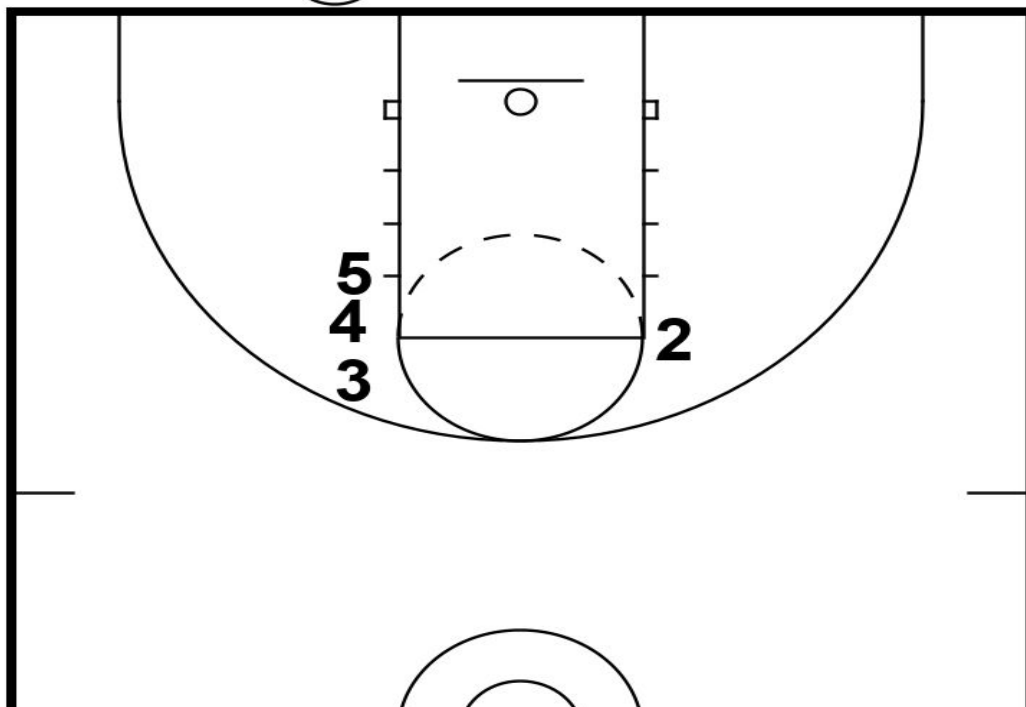


# HIGH STACK

## SETS

20-21 - Ted Anderson playbook - BOB

1

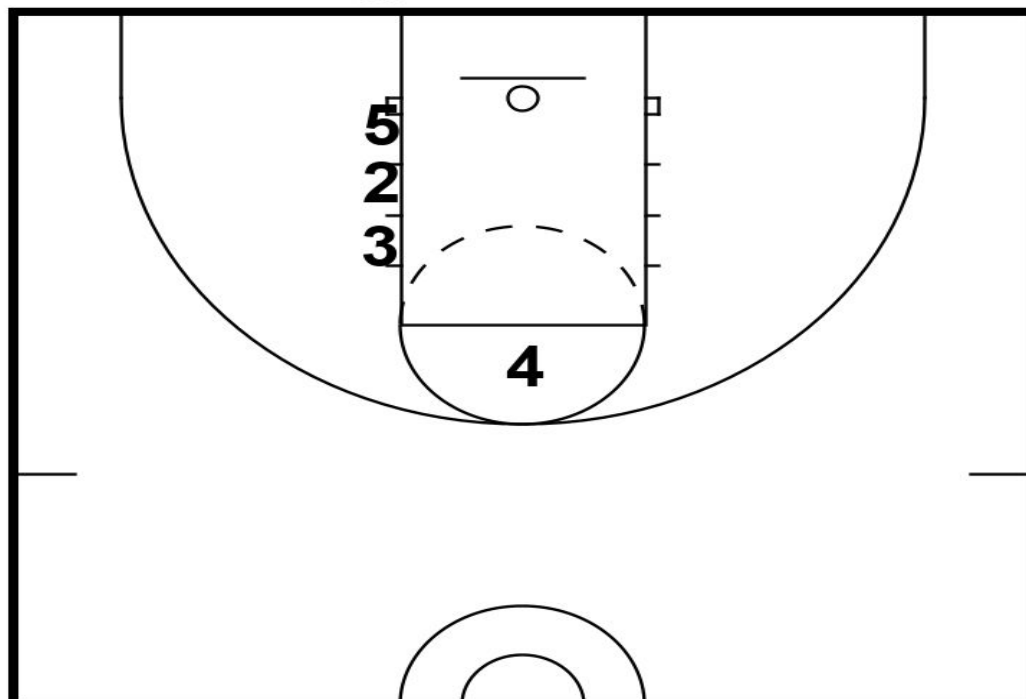


# LINE

## SETS

20-21 - Ted Anderson playbook - BOB

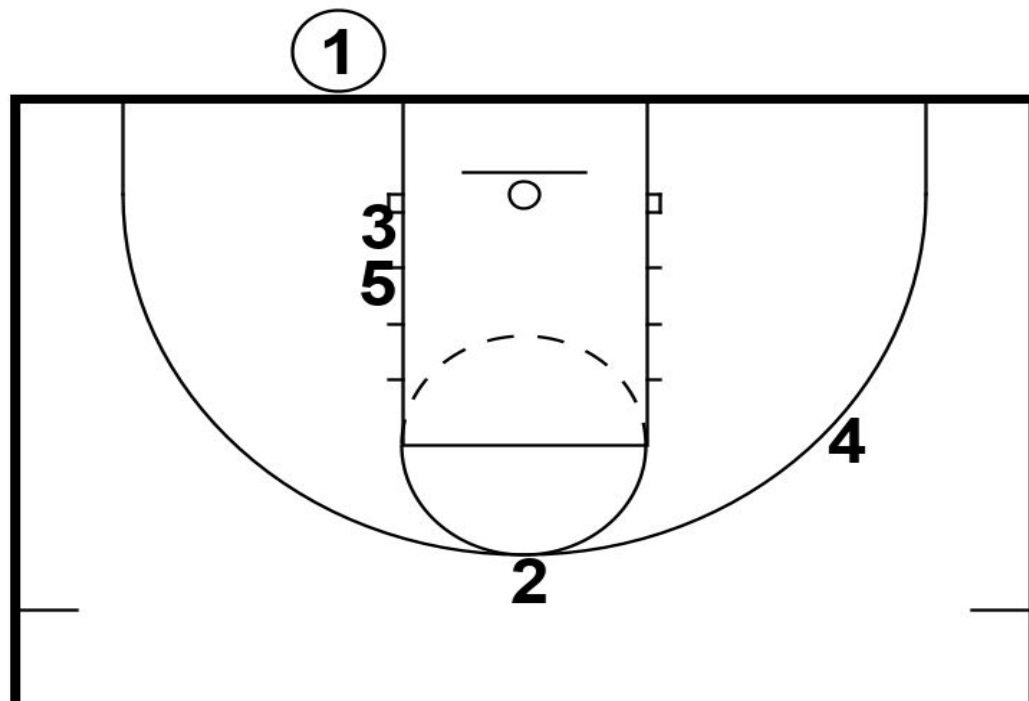
1



35

## SETS

20-21 - Ted Anderson playbook - BOB



# TEACHING PROGRESSION

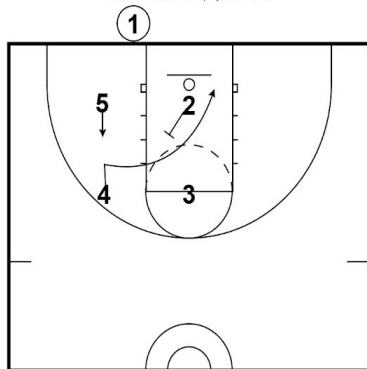
- First 2 plays we teach: 24/05: **They share actions**
- 3rd play: 33 Shows our double screen and where to go AFTER the screens
- These plays plus a play we call 54H have been really good to us
- Our 53 and 54 plays share action of 33 and are easy to put in after learning the others.
- NOTE: We almost ALWAYS run play 24 on the first play of the game: It works for M2M and ZONE: This has been by far the most run play in our 5 years.
- While we have quite a few plays we only go into games with our three basics and maybe two others.
- We are NOT afraid to continue with 24 or our H play all night if need be



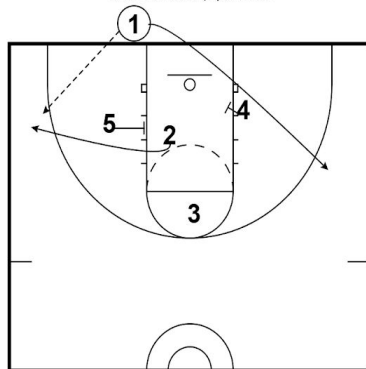
# 24

24

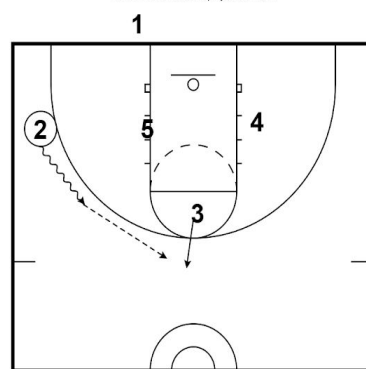
24 offset box (1 of 4)  
19-20 - Ted Anderson playbook - BOB



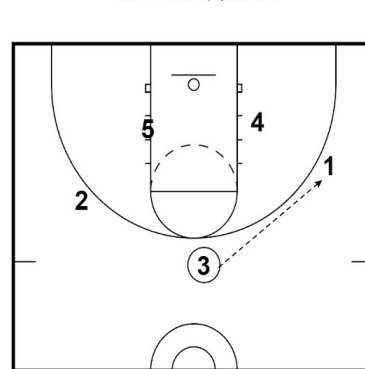
24 offset box (2 of 4)  
19-20 - Ted Anderson playbook - BOB



24 offset box (3 of 4)  
19-20 - Ted Anderson playbook - BOB



24 offset box (4 of 4)  
19-20 - Ted Anderson playbook - BOB

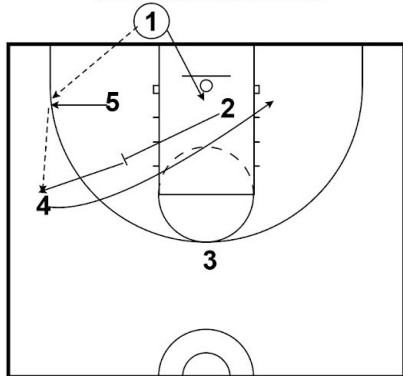


# 05

## 05

### 05 (1 of 4)

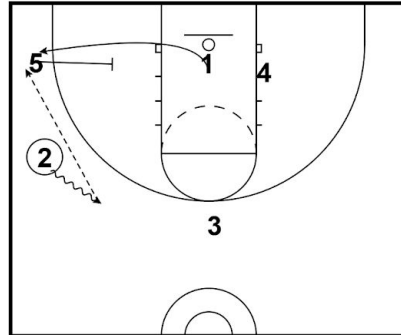
18-19 - ANDALE WOMEN'S BASKETBALL - BOB



2 screen 4  
5 delay and break out  
1-5-2

### 05 (2 of 4)

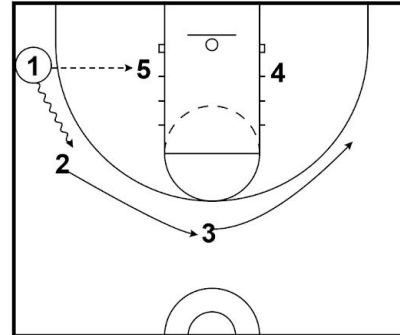
18-19 - ANDALE WOMEN'S BASKETBALL - BOB



2 make eye contact with 3  
dribble that way  
3 screen 1  
2-1

### 05 (3 of 4)

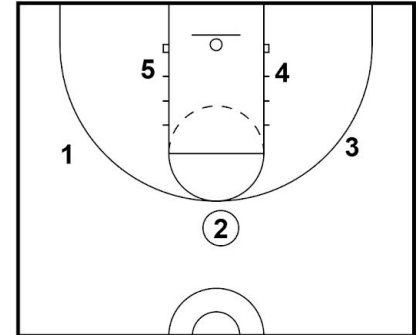
18-19 - ANDALE WOMEN'S BASKETBALL - BOB



1 shoot or dump to 5

### 05 (4 of 4)

18-19 - ANDALE WOMEN'S BASKETBALL - BOB



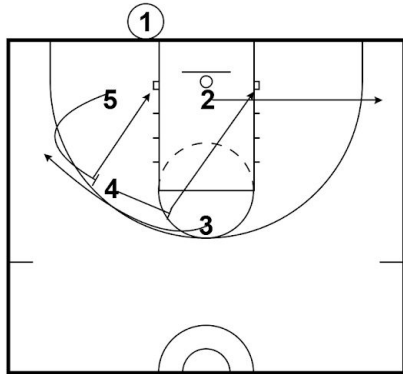
# 33

## 33

### Double screen for the 3 man

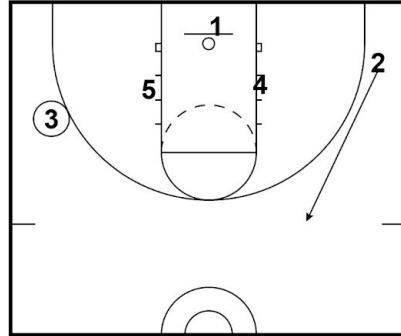
#### 33 (1 of 4)

19-20 - Ted Anderson playbook - BOB



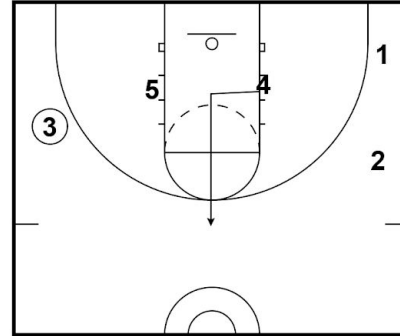
#### 33 (2 of 4)

19-20 - Ted Anderson playbook - BOB



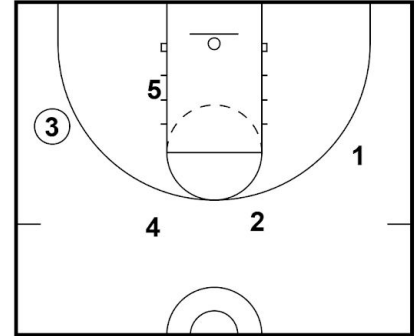
#### 33 (3 of 4)

19-20 - Ted Anderson playbook - BOB



#### 33 (4 of 4)

19-20 - Ted Anderson playbook - BOB



2 breaks out and is safety  
5 and 4 double screen for 3  
Both are looking for slip opps  
1-3

3 Reads  
Can drive Elbow  
1 opposite or strong (if 3 drives elbow)

INTO MOTION  
H6 (a ball screen etc.)

ILLINOIS SPREAD

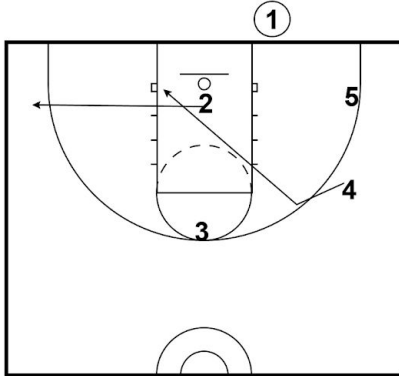
# 53

## 53

This play needs to look exactly like 33: We ALSO added sleeper (z)

53 (1 of 4)

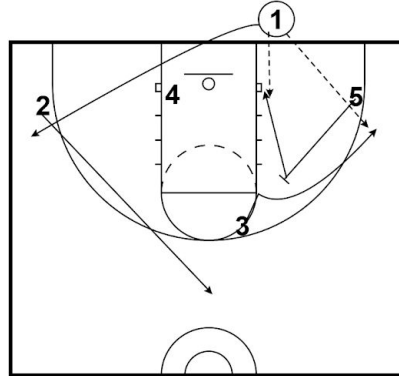
18-19 - ANDALE WOMEN'S BASKETBALL - BOB



2 clear to corner  
4 drive weak

53 (2 of 4)

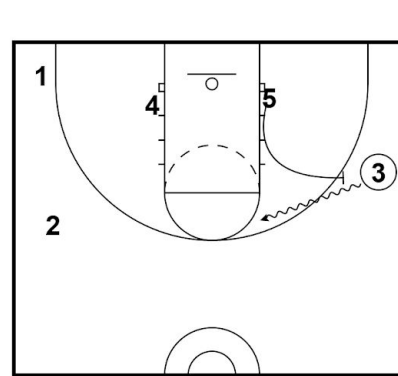
18-19 - ANDALE WOMEN'S BASKETBALL - BOB



5 screen 3 and come to ball  
1 hit 3 or 5  
2 has to be safety

53 (3 of 4)

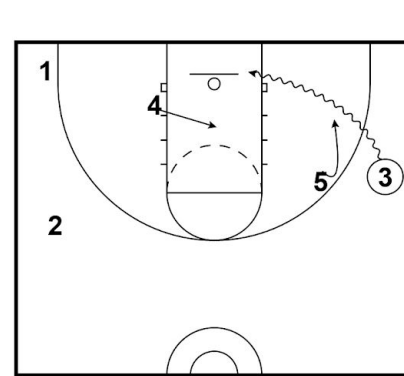
18-19 - ANDALE WOMEN'S BASKETBALL - BOB



3 shoot or dump to 5  
Get to Mission

53 (4 of 4)

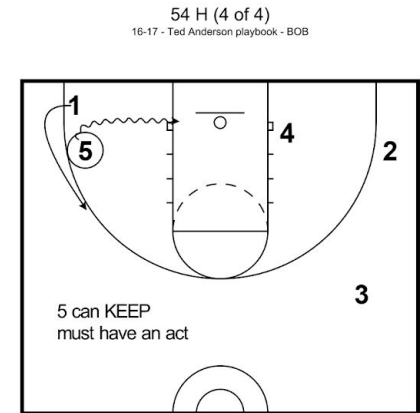
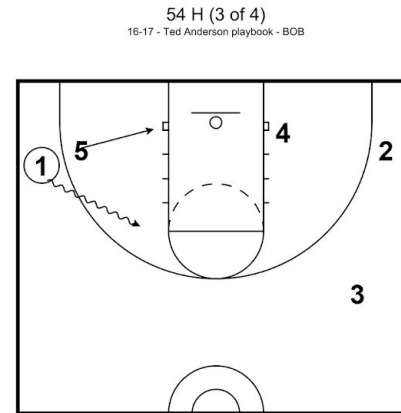
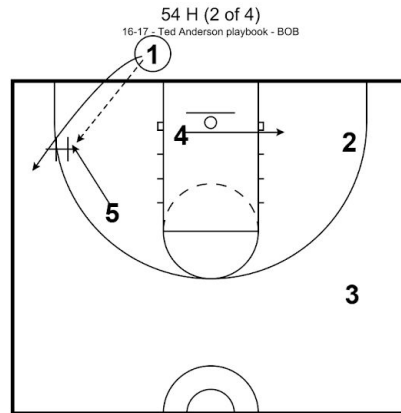
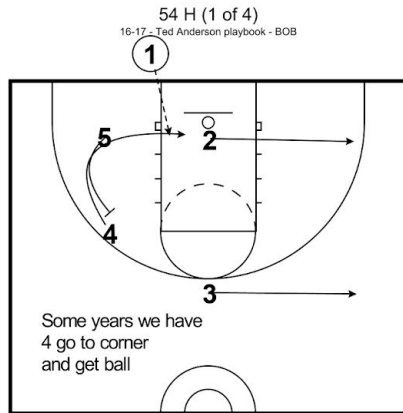
18-19 - ANDALE WOMEN'S BASKETBALL - BOB



# 54 H

## 54 H

H: **HandOFF**: We try to avoid saying HO on the court

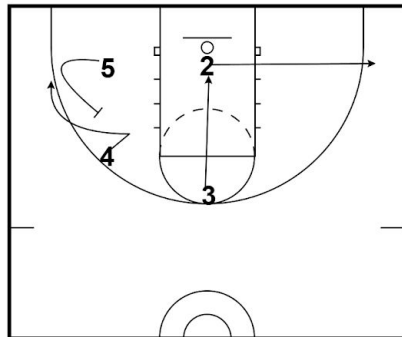


# 54

54 (1 of 4)

20-21 - Ted Anderson playbook - BOB

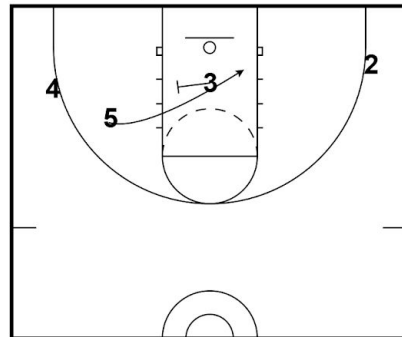
①



54 (2 of 4)

20-21 - Ted Anderson playbook - BOB

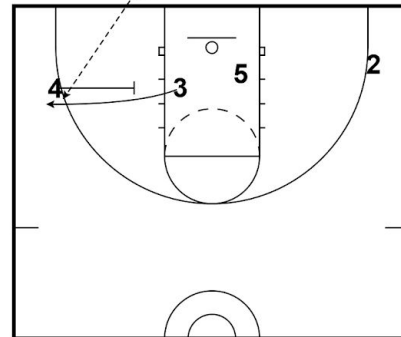
①



54 (3 of 4)

20-21 - Ted Anderson playbook - BOB

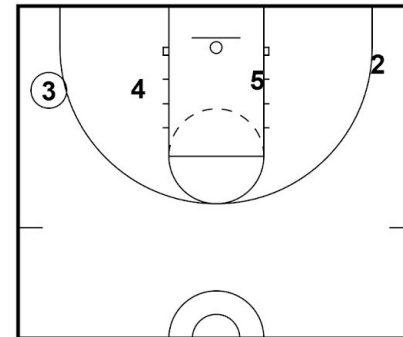
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54 (4 of 4)

20-21 - Ted Anderson playbook - BOB

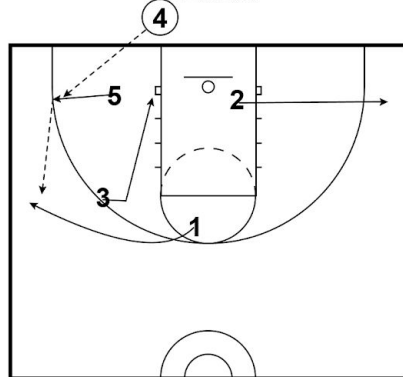
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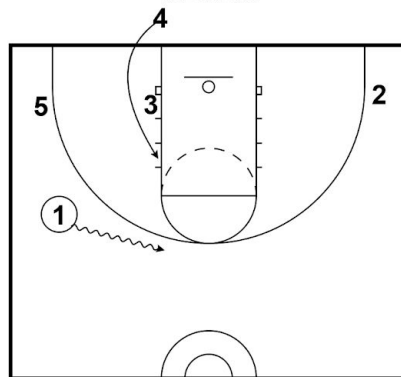
# BIG 31

## BIG 31

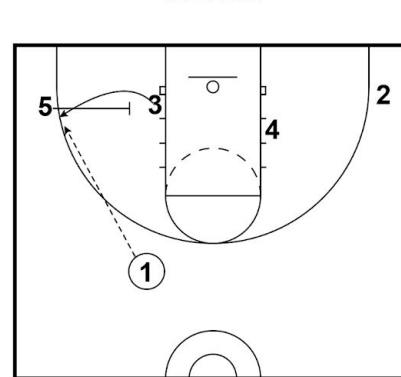
BIG 31 (1 of 4)  
16-17 - 16-17 - BOB



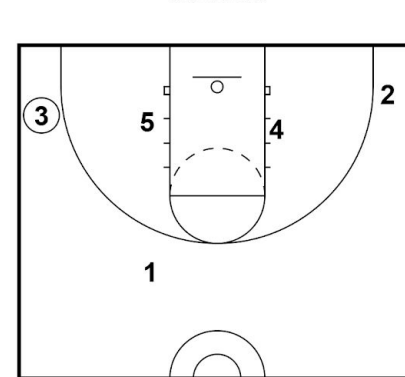
BIG 31 (2 of 4)  
16-17 - 16-17 - BOB



BIG 31 (3 of 4)  
16-17 - 16-17 - BOB



BIG 31 (4 of 4)  
16-17 - 16-17 - BOB



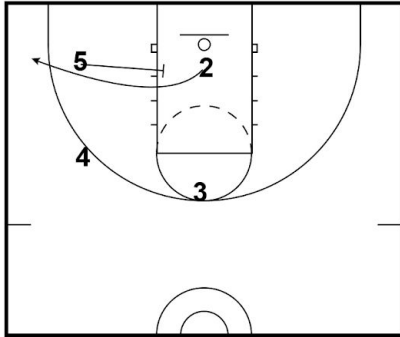
# 52 (O)

## 52

This should really be one play, BUT we have to call wall if we want to get to the double screen: Bill Self play GREAT for zones

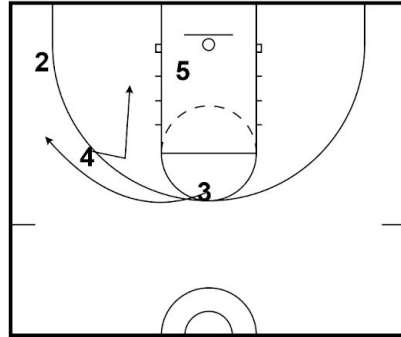
52 WALL (1 of 4)  
20-21 - Ted Anderson playbook - BOB

①

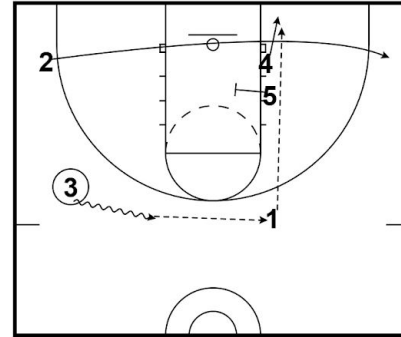


52 WALL (2 of 4)  
20-21 - Ted Anderson playbook - BOB

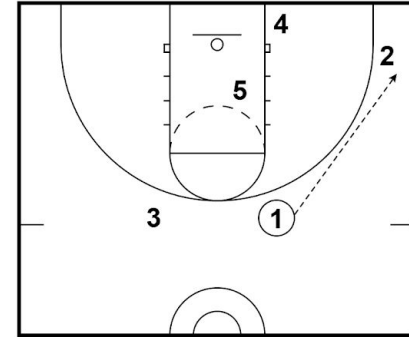
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52 WALL (3 of 4)  
20-21 - Ted Anderson playbook - BOB



52 WALL (4 of 4)  
20-21 - Ted Anderson playbook - BOB

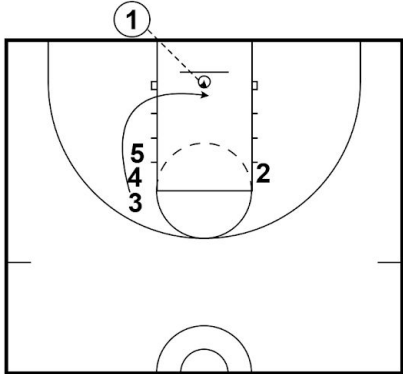




# 22

## high 22 (wrap) (1 of 4)

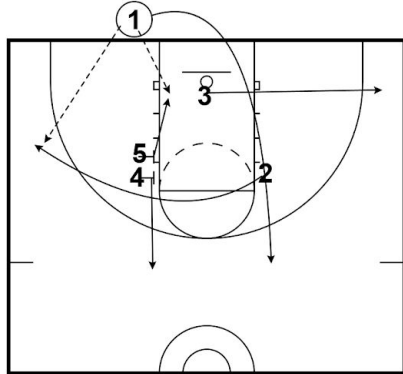
19-20 - ANDALE WOMEN'S BASKETBALL - BOB - NOTE: Might switch 4-5 in stack



3 wraps around the stack  
Option: 1-3 lay-up

## high 22 (wrap) (2 of 4)

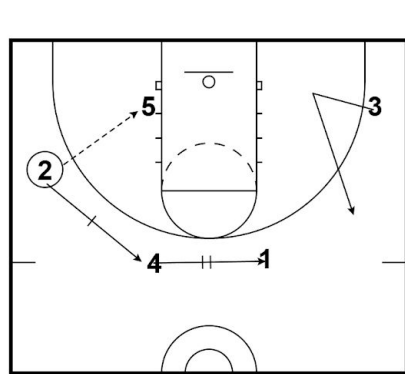
19-20 - ANDALE WOMEN'S BASKETBALL - BOB - NOTE: Might switch 4-5 in stack



2 comes off double  
1 can hit 5 on slip  
or 2 off double

## high 22 (wrap) (3 of 4)

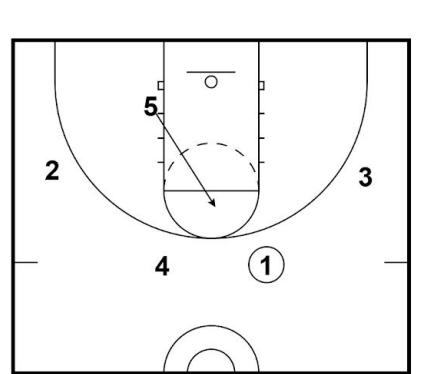
19-20 - ANDALE WOMEN'S BASKETBALL - BOB - NOTE: Might switch 4-5 in stack



2 shoots or hits 5 on post up  
2-4-1

## high 22 (wrap) (4 of 4)

19-20 - ANDALE WOMEN'S BASKETBALL - BOB - NOTE: Might switch 4-5 in stack

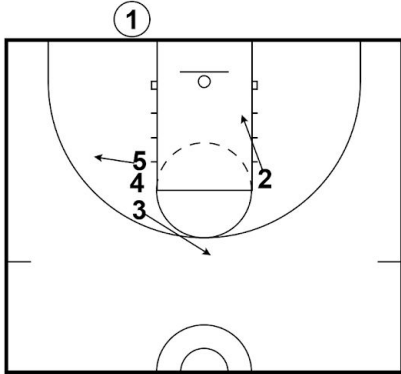


We are ready for offense

# 23

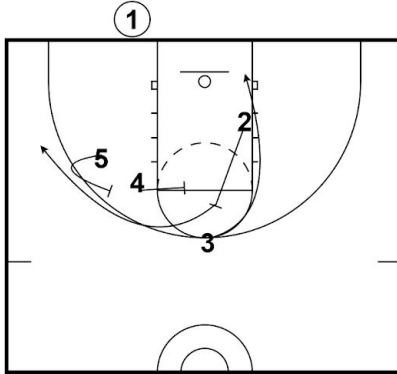
## 22-23

high 23 (1 of 4)  
19-20 - ANDALE WOMEN'S BASKETBALL - BOB



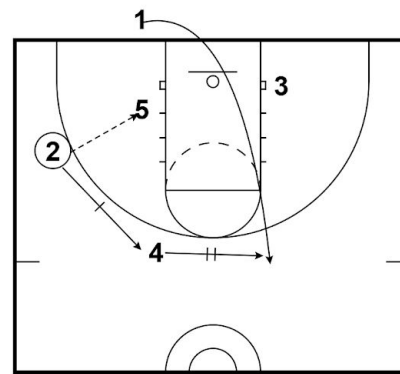
to move first  
angles

high 23 (2 of 4)  
19-20 - ANDALE WOMEN'S BASKETBALL - BOB



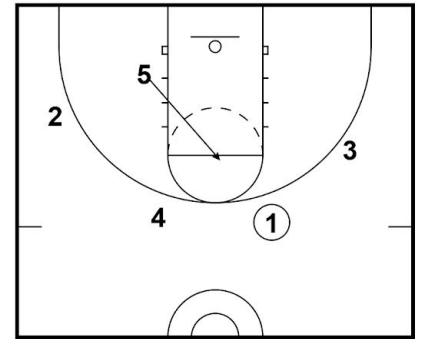
2 screens 3  
1-3 lay-up  
5/4 double for 2

high 23 (3 of 4)  
19-20 - ANDALE WOMEN'S BASKETBALL - BOB



2 shot or dump  
2-4-1

high 23 (4 of 4)  
19-20 - ANDALE WOMEN'S BASKETBALL - BOB

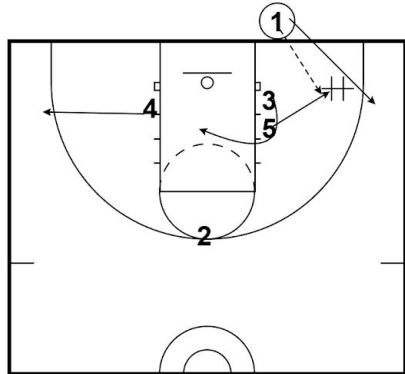


FLOW

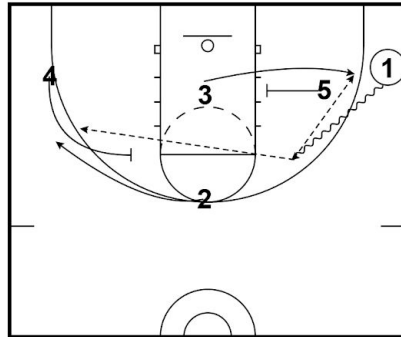
# 35 H

## 35 H

35 H (1 of 4)  
18-19 - ANDALE WOMEN'S BASKETBALL - BOB

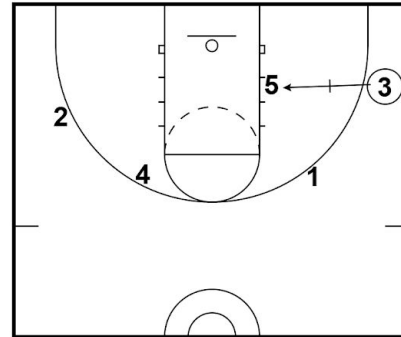


35 H (2 of 4)  
18-19 - ANDALE WOMEN'S BASKETBALL - BOB



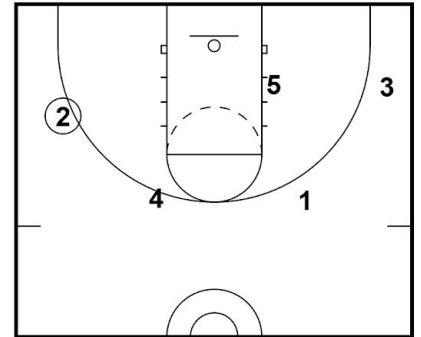
1 shoot 3 or drive  
4 fade 2  
5 pin 3 VIRGINIA ACTION

35 H (3 of 4)  
18-19 - ANDALE WOMEN'S BASKETBALL - BOB



3 dump to 5 on post up

35 H (4 of 4)  
18-19 - ANDALE WOMEN'S BASKETBALL - BOB

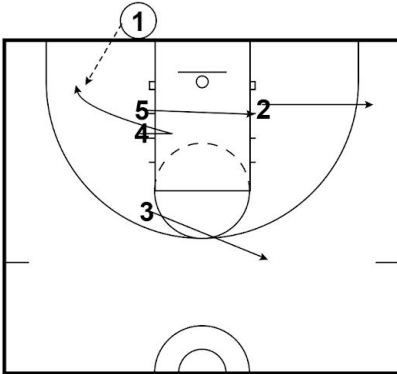


# STACK 04 (H)

## 04 H

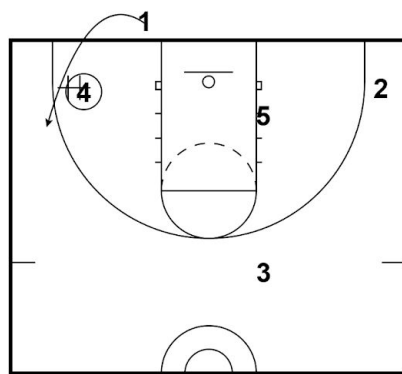
04 (H) (1 of 4)

19-20 - Ted Anderson playbook - BOB



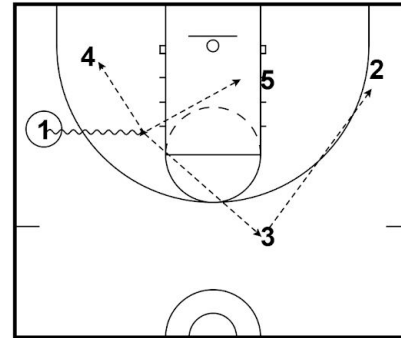
04 (H) (2 of 4)

19-20 - Ted Anderson playbook - BOB



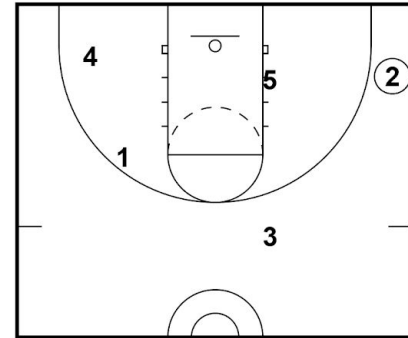
04 (H) (3 of 4)

19-20 - Ted Anderson playbook - BOB



04 (H) (4 of 4)

19-20 - Ted Anderson playbook - BOB



# GOLDEN STATE SET

If you want to see a great set go to GOLDEN STATE BLOBS on YOUTUBE. We allowed our kids to read when we called 33. Multiple options etc. Here are some of our best clips.

[33 z](#)

# CONCLUSION

We ran 134 Baseline Out of Bounds plays last season and I believe close to 60 of those plays were 04/24.

I am including all of our plays in one clip for the clinic here below.

Anyone that wants to see our special play that we put in this year at mid-season can request by text or email and I will send.

## ANDALE OUT OF BOUNDS

I appreciate the time to visit about basketball. Stay in touch and if you ever need anything don't hesitate to call, text, email or visit.